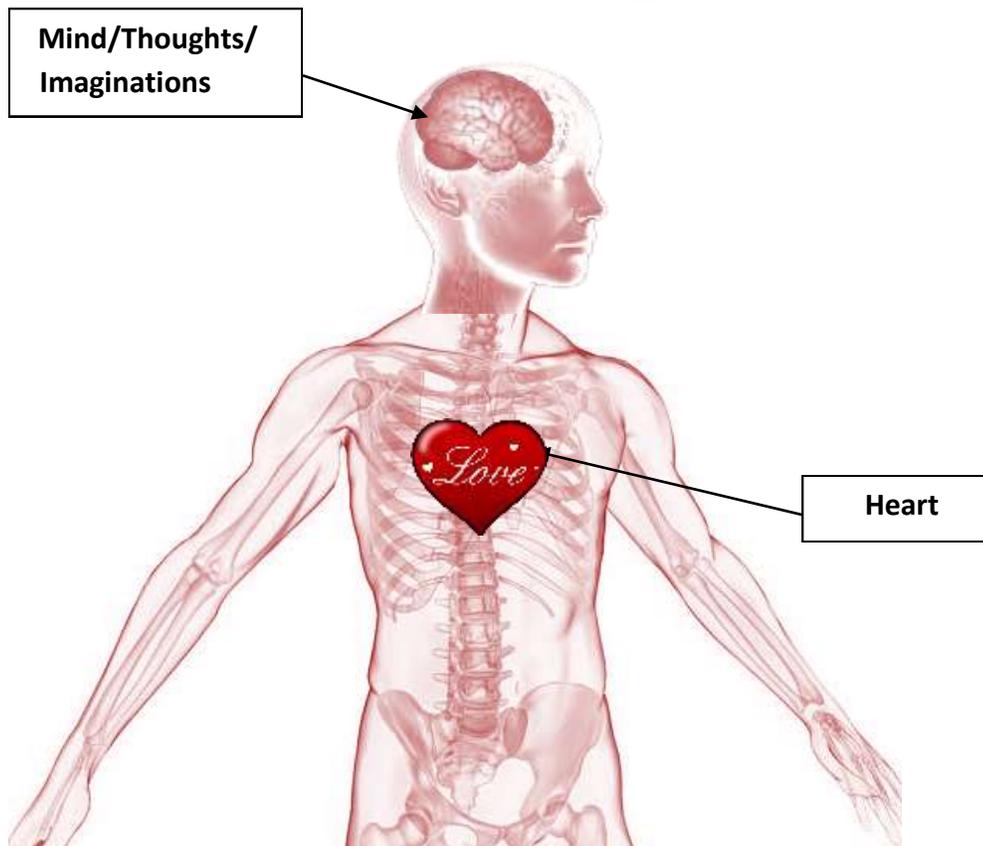


# NCDs

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## Non Communicable Diseases (Life style disease) Your Spirit & Soul (Thoughts/Heart)



***FIND THE SPIRITUAL ROOT OF THE DISEASE  
&  
RECEIVE WHOLENESS/WELLNESS***

# "Article 3"

## SEPARATION OF LOVE

In this third article on the subject of **Non Communicable Disease, (NCD's)**, I continue to share my biblical views on the health crisis affecting our nation, and the world.

Again, very importantly, since Dominica is a Nation that believes in **God**, consequently, it follows that **God should naturally be involved, in this matter. God cannot be left out.** My views on this health crisis, stems from a **Godly and Biblical perspective.** The answers are in **GOD.**

In considering this issue from a **Bible-based** perspective, I would like to continue with **Matt. 22:37-38.** Jesus informs us that we were created for relationships, hence we are to be in relationship with (1) **God**, (2) with **Ourselves** and (3) with **Others.** We also understand the law "to every action, there is a reaction". Therefore, it is understandable that the **reaction** - sickness/disease will come about as an **action** of the **separation of LOVE** in any one of the **three** areas of **relationship.**

### (1) Separation of **LOVE of God** -

God said in His Word, **Micah 6:13** "I will make you **sick**, by **striking you**, by making you **desolate** because of your **sins**". **1st Cor. 16:22** states - **Love Jesus Christ or be accursed.**

### (2) Separation of **LOVE of SELF.**

The medical Community refer to these diseases as **autoimmune** disease.

What does **autoimmune disease** mean? It means that the body produces antibodies that attacks and damages its own tissues, leading to the deterioration and in some cases to the destruction of such tissues. Some examples are, lupus, rheumatoid arthritis, diabetes (type1), pernicious anaemia, multiple sclerosis (MS), and many others. (There are more than 80 types of **autoimmune diseases**).

The **Spiritual Root** of these disease are self hatred, speaking negative words against oneself, being angry with oneself, guilty feelings, not forgiving oneself etc. Example - **Genesis 45:5** Joseph tells his brothers to not be "grieved or angry "with themselves.

### (3) Separation of **LOVE OF OTHERS/NEIGHBOUR**

Some of the illnesses in this area are heart attacks, strokes, high blood pressures, knee pains, cancers, fibroids, and many other issues in our tissues, including depression. **Proverbs 12:25** states that "**Anxiety in the heart of a man causes depression**".

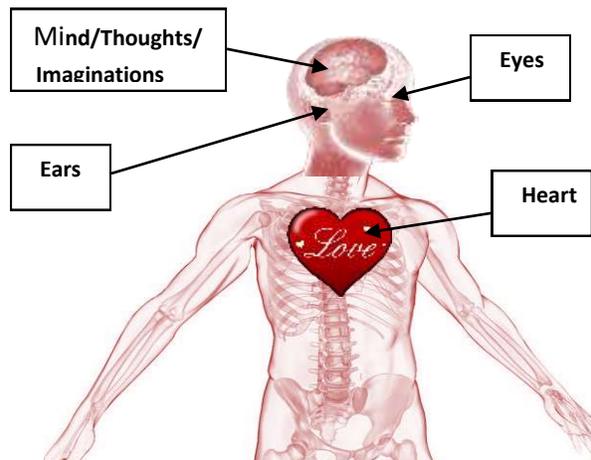
The **Spiritual Root** of these disease are fear, anxiety, bitterness, resentment, unforgiveness, hatred etc. towards others.

Again, since we are **Spirit, Soul and Body**, having a "**natural body**", and a "**spiritual body**", it

is obvious that one can become ill either in the **natural body or spiritual body**. Most persons who are suffering with a **NCD** are affected in the **spiritual body** that is the **soul** and the **spirit**.

### SPIRIT, SOUL AND BODY CONNECTION

Let me again remind us, that it all begins with the actions of our “five senses”. Predominately what we see and what we hear. The **eyes sees** and immediately sends signals to the **mind/thoughts, (Soul)**, and by extension signals/energy are sent to the **heart**. Similarly, the **ears hear**, and immediately signals are sent to the **mind/thoughts, (Soul)** and the process continues. In all of this activity it is the **mind (Soul)** and the **heart (body)** that are mostly in action. In the end the heart will contain all the issues of life. When the **heart** cannot bear the weight of the issues, any longer it will fail, and the person will die. Luke 21:26.



From my youth, I had always heard the words “what the **eyes** do not **see**, the **heart** is not troubled by”- (only that it was said in patois). “ **ca yeux pas vois, coeur par fait mal**”. Now I understand it is so true. **What the eyes do not see, does not hurt the heart or rather the heart is not offended. It is that offence that will make its bed in the bosom and cause one to become sick.**

Ecclesiastes 7:9 states “Do not hasten in your **Spirit**, to be angry, for anger rest in the bosom of fools. You can now wonder why **cancer of the breast** is so common. The anger caused by the hurt, of what is **seen** or **heard**, makes it bed in the bosom and rest its head on the lovely breast.

According to research by Dr. Henry Wright, left breast cancer would be associated with bitterness, anger, hatred, resentment and unforgiveness towards a “male” person, while the right breast the same feelings towards a “female” person.

I have also found out that in all of the persons, I have spoken to, this has proven to be true.

Therefore, clearly our **eyes**, our **ears** bring suffering to our **Soul**. Lamentation 3:51.

### Depression

For anyone feeling depressed, having anxiety and other related mental distractions, I recommend what King David did for Saul in the book of 1<sup>st</sup> Samuel 16: 14-23. It was the “**Sound of Music**”, but not just any music, it was “**Harp Music**”. I believe it was “**Worship Music**” as well. The Word of God says that, as David played the Harp music for Saul, everything that was not of God left, and Saul was “**refreshed**”,

**meaning that he was healed of his mental disorder.** The Sound of Music will bring healing to the troubled Soul. On the contrary music with “negative words” can bring disastrous results to the “**Soul**”.

#### **ANSWERS TO HEALING:-**

- “ Acknowledge the need for healing
- “ Recognize the area of the separation of
  - (1) Love of God
  - (2) Love of self
  - (3) Love of neighbour (others).
- “ Repent/reconcile with (1) God, (2) self, and
  - (3) Neighbour (others)

#### **Repentance prayer-Job 33:27 –28**

(If I have sinned and perverted what was right and it did not profit me; He will redeem his **soul** from going down to the pit and his **life** shall see the light).

**Psalms 103:3-4;** who **forgives ALL** your **iniquities**; who **heals ALL** your **disease**; who redeems your **life** from **destruction**: -

Note that there is a direct correlation between **forgiveness and healing**. Many persons have been healed after they forgave the persons who had hurt them. When one is hurt or hurting, the fact that they become ill, simply means that it they who must bring healing to themselves, by releasing that very person, who has caused them to become ill. Forgiveness is a skill that must be developed; it is hard, but at all cost, it must be done in order for healing to take place.

Find scriptures to memorize on a daily basis. **Believing** and repeating the scriptures is **health** to your **flesh**.

*(Jer. 30:17 –But I will restore you to health and heal your wounds declares the Lord)*

**Proverbs 17:22** Laughter is **medicine**, but a broken spirit drieth the bones. Find something positive to **laugh** at, and **laugh** your way to bringing total **healing** to yourself.

**Proverbs 23:7** as a man **thinketh in his heart** so is he: – As you are **thinking**, so you are generating **energy**. It is this energy that will bring about your total **healing**, which is **matter**.

#### **Concerning Fear: 1 John 4:18**

- There is no fear in **love**
- Perfect **love** cast out all fear

- Fear has torment

- He that feareth is not made perfect in love - if at any moment one becomes fearful, you simple open your mouth and begin to quote the scriptures. God's WORD, and the "spirit" of fear will leave. Change your mind/thoughts/imaginings. Remember you control your mind, your mind does not control you.

**2 Timothy 1:7-** I have not given you a **spirit of fear** but instead a **spirit of love, power and sound mind.**

God's WORD in Proverbs 6:22, states "When *you go, it will lead you, when you sleep it will keep you, when you are awake, they will speak to you.*

I have seen many persons healed, almost immediately, once they understood that it is the **spiritual root of the disease**, meaning their lifestyle and their circumstances/situation that are affecting their lives, thereby causing them to become ill, and not necessarily the food that they are eating.

I would also like to say that the views expressed in this article are my interpretation of God's Word, and are based on scripture verses as referred throughout this article. If anyone is ill and would like to get healed, then do what our Heavenly Father says in His WORD. Just Obey. It costs nothing.

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