

# AVOIDING CORONA VIRUS

IS THE SAME AS AVOIDING ANY OTHER INFECTIOUS DISEASE

**COVID**  
CORONAVIRUS  
DISEASE **19**

## YOU MUST ADOPT PRACTICES FOR PROPER HYGIENE



1

Wash Your Hands Properly



2

Avoid Touching Your Face With Your Hands



3

Stay Away From Sick Persons. Persons With Coughs Or Colds Should Stay Away From Others



4

Cough Or Sneeze Into Your Flexed Elbow Or A Tissue, Not Your Hand

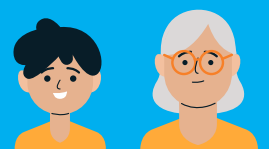


5

Clean Surfaces With Bleach, 70% Minimum Alcohol Or Lysol

## OTHER RELEVANT INFORMATION ON CORONA VIRUS

- FACE MASKS SHOULD BE WORN BY INFECTED PEOPLE. FACE MASKS WORN BY HEALTHY PERSONS ARE NO GUARANTEE AGAINST GETTING INFECTED.
- PERSONS MOST AT RISK FROM CORONA VIRUS ARE THE ELDERLY AND PERSONS WHOSE HEALTH IS COMPROMISED.
- HAND SANITIZERS DO NOT REPLACE PROPER HAND WASHING. IT IS ONLY THE NEXT BEST THING IF CLEAN WATER IS NOT AVAILABLE.



## HEALTH SERVICES HOTLINE

ANYONE WHO FEELS THE SYMPTOMS, SUSPECT THEY HAVE BEEN EXPOSED TO THE VIRUS OR TO ACCESS MORE INFORMATION ON COVID-19, PLEASE CALL THE HOTLINE AT 448-2151